

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

1616 North Arlington Heights Road
Arlington Heights, IL 60004
PAULA ULREICH MEETING ROOM

REGULAR MEETING

WEDNESDAY, AUGUST 12, 2026
7:00 PM

Zoom link: <https://us02web.zoom.us/j/82699781305?pwd=wzbjAxomgaeZkjMkMXDMDOMkmKosFN.1>

Zoom ID: 826 9978 1305 Passcode: 530263

The public may view the meeting via Zoom; however, public comment will not be accepted through Zoom. Remote participants wishing to comment must submit written comments by email to Executive Director, Karin Frisk, at: kfrisk@wheelingtowship.com by **12:00 PM (noon)** on the day of the meeting. Submitted comments will be forwarded to all Board Members and read aloud during the Citizens to be Heard section. In-person attendees may comment during that portion of the meeting.

1. CALL TO ORDER
2. ROLL CALL
3. PLEDGE OF ALLEGIANCE
4. CITIZENS TO BE HEARD – Remarks Limited to Three Minutes
5. APPROVAL OF MINUTES
 - a. Regular Meeting of July 8, 2026
6. REPORTS
 - a. President's Report
 - b. Executive Director's Report
 - c. Site Visit Reports
7. BUSINESS – FOR DISCUSSION / FOR ACTION
 - a. List of Bills – Approval
 - b. FY2027-28 Funding Application Review Process – Discussion
 - c. FY2025-26 Draft Annual Report – Discussion/Approval
8. BOARD MEMBER COMMENTS
9. ADJOURNMENT

NEXT REGULAR BOARD MEETING - WEDNESDAY, SEPTEMBER 9, 2026, at 7:00 PM

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

MINUTES OF JULY 8, 2026

1. Call to Order

The Community Mental Health Board Meeting of Wheeling Township, for July 8, 2026, was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois.

President Lorri Grainawi called the meeting to order at 7:00 PM.

2. Roll Call

Secretary Dixon called the roll.

Board Members Present: Jaime Clark, Bill Dixon, John Lubbe, Jen Underwood and President Lorri Grainawi.

Board Members Absent: Jack Vrett.

Member Teri Pacion arrived at 7:03 PM.

Also Present: Executive Director, Karin Frisk.

3. Pledge of Allegiance

President Grainawi led those assembled in the Pledge of Allegiance.

4. Citizens to Be Heard

Daniel Riemenschneider, a nonprofit consultant serving organizations in Cook and DuPage Counties, introduced himself and shared information about behavioral health collaboration efforts in DuPage County, including a new crisis recovery center initiative. He also shared a sample of a community resource guide he developed for another local governmental entity.

5. Approval of Minutes

a. Regular Meeting of May 13, 2026

Member Lubbe moved to approve the minutes, seconded by Member Clark.

Voice Call Vote: All Ayes

Nays: None

Motion carried.

b. Regular Meeting of June 10, 2026

Member Lubbe moved to approve the minutes, seconded by Member Underwood.

Voice Call Vote: All Ayes

Nays: None

Motion carried.

6. Reports

a. President's Report

President Grainawi reported on participation in a local community parade with Member Clark and representatives of funded agencies. Participants reported positive engagement and feedback from community members during the event.

b. Executive Director's Report

Executive Director Frisk reported on progress in finalizing funding agreements and collecting required documentation from funded agencies. She noted that some agencies have completed all requirements and are eligible for first-quarter payments, and that she is continuing to work with agencies to obtain documentation needed to satisfy the newly established funding agreement requirements. She also reported that substantial work had been devoted to revising the Board's funding application and developing the review rubric and related materials.

7. Business – for Discussion / For Action

a. List of Bills – Approval

Member Lubbe reported that he had audited the claims and expenditures for Batch #6/23/26 #6/29/26 and #7/2/26 against the Community Mental Health Board Fund and recommended approval of payment in the amount of \$89,811.67.

Member Dixon moved to approve the payment of claims, seconded by Member Underwood.

Roll Call Vote: Ayes: Clark, Dixon, Lubbe, Pacion, Underwood and Grainawi

Nays: None

Motion carried.

b. FY2027-28 Funding Application – Discussion/Approval

The Board conducted a detailed review of the proposed FY2027-28 Funding Application, focusing on reducing administrative burden while preserving information needed for funding decisions. The Board revised and streamlined several application requirements, refined accreditation, licensure, collaboration, and financial reporting questions, and removed items determined to have limited value in evaluating funding requests.

Member Dixon moved to approve the FY2027-28 Funding Application as modified per discussion, seconded by Member Clark.

Roll Call Vote: Ayes: Clark, Dixon, Lubbe, Pacion, Underwood and Grainawi
Nays: None
Motion carried.

c. FY2027-28 Funding Application Rubric – Discussion/Approval

The Board reviewed and discussed a proposed funding evaluation rubric intended to assist with consistent application review. Discussion focused on aligning rubric criteria with application materials and providing clear guidance for the funding application review process. The Board approved the funding review rubric as amended by roll call vote.

Member Lubbe moved to approve the FY2027-28 Funding Application Rubric as amended, seconded by Member Underwood.

Roll Call Vote: Ayes: Clark, Dixon, Lubbe, Pacion, Underwood and Grainawi
Nays: None
Motion carried.

d. FY2027-28 Notice of Funding Availability – Discussion/Approval

The Board reviewed the proposed Notice of Funding Availability, including funding priorities, eligibility requirements, application procedures, and timelines for prospective applicants. Executive Director Frisk provided an overview of plans for distributing and publicizing the notice.

Member Lubbe moved to approve the Notice of Funding Availability, seconded by Member Dixon.

Roll Call Vote: Ayes: Clark, Dixon, Lubbe, Pacion, Underwood and Grainawi
Nays: None
Motion carried.

e. FY2026-27 Draft Annual Report – Discussion/Possible Approval

The Board reviewed the draft annual report and deferred approval until a future meeting to allow additional review.

8. Board Member Comments

Board members discussed potential impacts of changes to public assistance programs, Medicaid requirements, and behavioral health funding, as well as recent insurance reimbursement legislation that may affect service providers.

9. Adjournment

Member Clark moved to adjourn the meeting at 8:41 PM, seconded by Member Underwood.

Voice Call Vote: All Ayes

Nays: None

Motion carried.

The next Regular Meeting of the Community Mental Health Board is scheduled for Wednesday, August 12, 2026, at 7:00 PM.

WHEELING
TOWNSHIP



COMMUNITY MENTAL HEALTH BOARD

FY 2025-26 ANNUAL REPORT

March 1, 2025 – February 28, 2026

About Us:

The Wheeling Township Community Mental Health Board was created in January 2023, following the successful November 2022 voter-approved, township-wide referendum. The WTCMH Board is governed by the Illinois Community Mental Health Act (405 ILCS 20, et al.) and is comprised of seven volunteer Wheeling Township residents who are appointed by the Wheeling Township Supervisor, with the advice and consent of the Wheeling Township Trustees.

FY2025-26 WTCMH Board Members Included:

Sue Hayes, President

John Lubbe, Vice President

Bill Dixon, Secretary

Lorri Grainawi, Trustee Liaison (*effective 5/25*)

Jeanne Hamilton, Trustee Liaison (*through 5/25*)

Jaime Clark, Member (*effective 12/25*)

Jim Ruffato, Member (*through 11/25*)

Jen Underwood, Member (*effective 7/25*)

Jack Vrett, Member

FY2025-26 Mission Statement:

To ensure that services related to mental illness, developmental disabilities, and substance abuse are available and known to the residents of Wheeling Township.

FY2025-26 Overview:

Fiscal Year 2025–26 (March 1, 2025–February 28, 2026) was a milestone year for the Wheeling Township Community Mental Health Board (WTCMH Board), marked by significant organizational growth and expanded community investment. Major accomplishments included approval of the Board’s first property tax levy request for the full amount authorized by voters through the 2022 referendum, and adoption of the FY2026–27 budget, enabling funding for 23 community-based providers serving the mental health, substance use disorder, and developmental disability needs of Wheeling Township residents.

The WTCMH Board also made significant strides in strengthening the organization by advancing strategic planning efforts as well as expanding accessibility through translation technology and virtual public access to meetings. In addition, the Board engaged Bond | Conway as legal counsel and hired its first staff member, Karin Frisk. The year concluded with a strategic planning session focused on guiding future growth and maximizing community impact.

Financial Summary:

Using Township reserve funds in FY2025-26, the WTCMH Board supported eleven agencies and fourteen programs for mental health, substance use disorder and developmental disability services, serving Wheeling Township residents.

Funds received from all sources: **\$669,859.27¹**

Fund balance beginning 3/1/2025: \$0

Fund balance ending 2/28/2026: \$0

Expenditures Community Services and Supports	
Ascension (Amita Health) Behavioral Health	145,433.33
Avenues to Independence	35,000.00
Center for Enriched Living	15,000.00
Children's Advocacy Center	7,000.00
Clearbrook Center	100,000.00
Countryside / Little City	30,000.00
Josselyn Center	25,000.00
JOURNEYS The Road Home	20,000.00
OMNI Youth Services	153,000.00
Kenneth Young Center	20,000.00
Search Inc.	7,500.00
Total Community Services and Supports	\$557,933.33

WTCMH Board General Administration	
Salaries	72,892.77
FICA	5,564.16
IMRF	5,453.93
U/C	311.57
Medical Insurance	1,414.53
Workers Comp	500.00
Legal	13,612.00
Travel	136.60
Training	1,487.39
Dues/Subscriptions	875.00
Office Supplies	976.70
Equipment	8,579.62
Miscellaneous Expense	121.67
Total General Administration	\$111,925.94

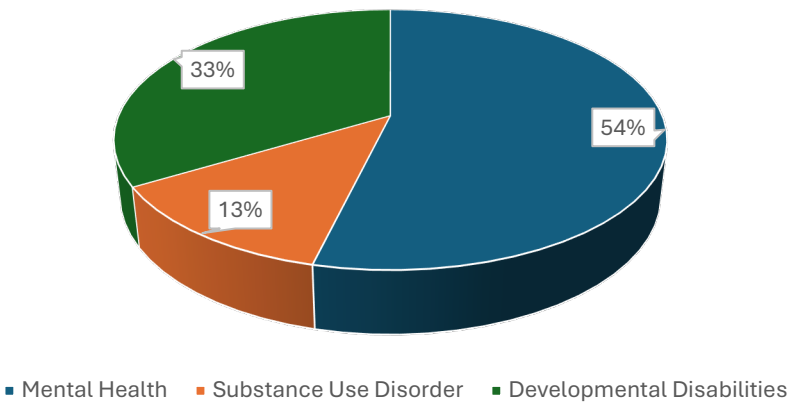
¹Funds received during the reporting period consisted of allocations from Wheeling Township financial reserves. The WTCMH Board did not levy a separate property tax during the reporting period.

Financial Summary Continued:

Sum of FY2025-26 Funding by Need:

Mental Health: \$300,000 (54%)
Substance Use Disorder: \$70,433.33 (13%)
Developmental Disability: \$187,500 (33%)

FY2025-26 Funding By Need



Conclusion:

FY2025–26 was a year of growth and transition for the Wheeling Township Community Mental Health Board. The WTCMH Board advanced its mission and strengthened its capacity to serve Wheeling Township residents by expanding public accessibility, strengthening governance, and establishing a dedicated funding source.

In closing, we extend our sincere appreciation to Township officials, residents, community partners, and service providers for their continued engagement and support as the Community Mental Health Board works to strengthen mental health, substance use disorder, and developmental disability services for our community, and enhance quality of life throughout Wheeling Township.

Wheeling Township Community Mental Health Board

1616 N. Arlington Heights Road
Arlington Heights, IL 60004
847-259-7730
www.wheelingtowship.com/Community-Mental-Health-Board

WHEELING TOWNSHIP MENTAL HEALTH
STATEMENT OF REVENUES AND EXPENDITURES
FOR THE MONTH ENDING JULY 31, 2026

	CURRENT MONTH	CURRENT YTD	CURRENT BUDGET	LAST YEAR
REVENUE				
PROPERTY TAXES RECEIVED - CURRENT	-	-	1,500,000.00	-
PROPERTY TAXES RECEIVED - PRIOR YEARS	-	-		-
FROM TOWN FUND	-	500,000.00		-
MISCELLANEOUS INCOME	-	-		-
TOTAL REVENUE	-	500,000.00	1,500,000.00	-
MENTAL HEALTH BOARD				
SALARIES	8,416.67	40,333.35	95,000.00	-
FICA	643.88	3,064.85	7,270.00	-
IMRF	581.08	2,834.32	7,600.00	-
U/C	-	8.71	300.00	-
MEDICAL INSURANCE	-	-	12,000.00	-
WORKERS COMP.	-	250.00	500.00	-
DUES/FEES	-	3,825.00	5,000.00	-
EQUIPMENT/MAINT	53.91	543.16	8,000.00	-
LEGAL	1,817.00	5,957.00	20,000.00	-
TELEPHONE	39.39	132.47	700.00	-
TRAVEL	-	-	2,000.00	-
PRINTING	20.00	80.00	300.00	-
INSURANCE	-	-	500.00	-
PROFESSIONAL FEES	-	-	10,000.00	-
POSTAGE	-	1.48	200.00	-
PUBLIC INFORMATION	-	302.36	3,000.00	-
TRAINING	-	147.06	5,500.00	-
OFFICE SUPPLIES	-	811.91	1,500.00	-
SUPPORT SERVICES	2,073.75	10,186.27	37,000.00	-
MISCELLANEOUS	-	-	2,000.00	-
CONTINGENCIES	-	-	10,580.00	-
TOTAL MENTAL HEALTH BOARD	13,645.68	68,477.94	228,950.00	-
MENTAL HEALTH				
ARLINGTON HEIGHTS SENIOR CENTER FDN	-	-	2,300.00	-
ASCENSION (AMITA HEALTH) BEHAVIORAL HEALTH	-	-	120,600.00	-
AVENUES TO INDEPENDENCE	-	-	44,200.00	-
CANCER WELLNESS CENTER	-	-	17,100.00	-
CENTER FOR ENRICHED LIVING	4,350.00	4,350.00	17,400.00	-
CHILDREN'S ADVOCACY	-	-	5,000.00	-
CLEARBROOK CENTER	25,000.00	25,000.00	123,300.00	-
GERRY'S CAFÉ	-	70,800.00	70,800.00	-
GLENKIRK	3,525.00	3,525.00	14,100.00	-
HOPEFUL BEGINNINGS-PRENATAL MENTAL HEALTH	-	-	31,600.00	-
HOPEFUL BEGINNINGS-TEEN	-	-	10,200.00	-
JOSSELYN CENTER	-	-	29,500.00	-
JOURNEYS/THE ROAD HOME	-	-	20,000.00	-
KENNETH YOUNG	-	-	59,400.00	-
KINDRED LIFE MINISTRIES	-	-	3,500.00	-
LITTLE CITY	-	-	36,800.00	-
NORTHWEST CENTER AGAINST SEXUAL ASSAULT	-	-	105,800.00	-
NORTHWEST COMPASS	-	-	51,900.00	-
OMNI YOUTH-YOUTH SERVICES	23,250.00	23,250.00	93,000.00	-
OMNI YOUTH-ADULT SUBSTANCE USEAGE	10,250.00	10,250.00	41,000.00	-
OMNI YOUTH-ADULT MENTAL HEALTH	5,000.00	5,000.00	20,000.00	-
SEARCH INC./SEARCH 360	-	-	19,700.00	-
SHELTER, INC.	-	-	23,700.00	-
SPECIAL LEISURE SERVICES FDN/NWSRA	-	-	9,200.00	-
YOUTH SERVICES, INC.	6,025.00	6,025.00	24,100.00	-
ZACHARIAS CENTER	-	-	2,500.00	-
OTHER PROJECTS	-	-	274,350.00	-
TOTAL MENTAL HEALTH	77,400.00	148,200.00	1,271,050.00	-
TOTAL EXPENDITURES	91,045.68	216,677.94	1,500,000.00	-
EXCESS REVENUES (EXPENDITURES)	(91,045.68)	283,322.06	-	-